

Gratia L Meyer, Ph.D.

Accreditation Licensed Psychologist, CO 1661
Member, American Psychological Association, 1981
Fellow, American Academy of Psychologist Treating Addictions, 1989
Prescribing Psychologists Register, 1999
EMDR, 2001 – Membership # 8143
FGICPP, Board Certified, Diplomate-Fellow-Geriatric Psychology, 2005
Provider for Military, Veterans and their families, 1981 – present
Ordained, Order of Interbeing, Thich Nhat Hanh

Education Ph.D. University of Pittsburgh, 1988

Author Forward , The Love Cycle by Pamela Jeanne Akiri, Ph.D., 2007
Neuroscience and Developmental Psychology, The Mindfulness Bell, 2006
Building Mindfulness Within The Family, 2008, Hanoi

Expertise Attachment and Developmental Disorders
Eating, Alcohol and Substance Abuse
Depression, Anxiety and Panic Attacks & PTSD
Bipolar, Mood and Dual Diagnosis Disorders
ADHD
Autism Spectrum
Separation and Generalized Anxiety Disorders
Adoption
Attaching Techniques
Chronic Pain and Illnesses
Grief and Loss
Geriatrics

Professional Experience

1980 – present Private Practice – Issues concerning ADHD, Autism Spectrum, Grief & Attachment Disorders – Depression, Anxiety, Panic & Mood Disorders PTSD – Addictions & Dual Diagnoses

2009 – Spiritual Development Convention, Denver – Poster Session

2009 – Mindfulness and Developmental Psychology – U of Pitts,

2008 – Snuggles Meditation

2008 – Mindfulness in the Schools – Vesak 2008 – Hanoi, VietNam

2007-present-President-Meah Foundation, nonprofit for mindfulness in relationships & schools

2000- 2001 - Psychologist – treating teen mothers – Emily Griffin HS

1995-2000 – Consulting Psychologist -New Directions – Residential facility for women & children of substance & physical/sexual abuse & Attachment prob. – assist in effective parenting

1997 & 1998 –Consultant - Denver Options – Individual and Family Therapy for developmental delayed and disabled members with abuse/abandonment

1995 Child Psychologist – Substance Treatment Service, Denver Medical Center– Emphasizing developmental levels of children from maternal substance abuse

1993 – Therapeutic Child Care Project Coordinator, Haven House, University of CO Health Science Center – Residential setting for female offenders and their children concerning substance & physical/sexual abuse – teaching effective parenting

1992 Member - Colorado Fetal Alcohol and Substance Coalition

2001 – 2002 – Presenter – Adult Adoptees in Search – Developmental Attachment Issues with regard to ongoing relationships

2000 Presenter – Intervention Strategies w/DD Parents. MHC of Bldr Co., Inc.

1992 Presenter - Women and Addiction, Mile High Council Women’s Conference

1992 Presenter - Annual ADAD Conference

1992 Presenter 5th Annual National Conf. on Drugs, Alcohol, Pregnancy & Parenting

1991 Presenter - Annual CO Prenatal Exposure to Alcohol & Drugs Conference

1991 Clinical Direction – Autism/Mental Retardation Group Home

1990 Presenter - ADHD and Autism In-services for Arapahoe County Social Services

1989 Presenter - ADHD and Autism-Charter Hosp., & Littleton, Jefferson & Denver Schs

1988 Presenter - “Autism and Loss”, Mount Airy Psychiatric Hospital

1989 Attachment & Loss Developmental Assessment Scale

1979 Project Director – Children & Adolescent Grieving Groups – Grief Ed Institute

1974 – 75 Participant – Vietnamese Adoption – Friends of Children of Vietnam